# EASTERN Center for Arts and Technology Practical Nursing MED MATH PACKET

# Ratio and Proportion

A. **Ratio**: in medications, ratio is the weight (strength) of the drug in a tablet or capsule.

$$50 \text{ mg} = 1 \text{ tablet}$$

OR

The weight of the drug in a certain volume

$$1 \text{ mL} = 50 \text{ mg}$$

B. Proportion: we use a proportion equation to show that 2 ratios are equal

1 tab: 
$$50 \text{ mg} = 2 \text{ tab} = 100 \text{ mg}$$

To solve, multiply the 2 outer and then the 2 inner numbers (extremes) (means)

Always write the "Known" on the left, and the "Want to know-Unknown" on the right.

The units must be the same order/place on both sides of the equation.

For example:

$$g: mg = g: mg$$

NOT

$$mg:g=g:mg$$

Now, substitute numeric values for the "Known" ratio on the left, and "Want-to-know-Unknown" ratio on the right. Use (x) for the "want to know" quantity.

For example, the Doctor's order reads: Give "drug a" 10 mg to the patient.

You have a bottle of "drug a" in which the label reads: 8 mg/1 ml. (This is KNOWN).

You need to find out the UNKNOWN, or how much of what is in the bottle will be equal to what the doctor ordered.

Set up a ratio and proportion equation:

 Known Side
 What you want to know – Unknown Side

 8 mg
 : 1 ml
 =
 mg
 : ml

 8 mg
 : 1 ml
 =
 10 mg
 : X ml

8x = 10

Divide both sides of the equation by the same number – the number in front of the X

$$\frac{8x}{8} = \underline{10}$$

$$X = 1.25$$

Label your answer with the what you wanted to know, in this case "ml"

1.25 ml

You will give 1.25 ml of "Drug a" to give the patient 10 mg.

You can check your answer by substituting it for x and solving the equation.

8 mg: 1 mL = 10 mg: 1.25 mL  

$$8 \times 1.25 = 1 \times 10$$
  
 $10 = 10$ 

# The Metric System

The metric system of weights and measures is the system of **choice** when calculating drug dosages.

The basic metric units of measurement are the:

1) gram (weight)

2) liter (volume)

3) meter (length)

You will use weight and volume measurements frequently when calculating drug dosages.

These units of measurement are usually abbreviated.

g = gram

L = liter

m = meter

Note: "L" is capitalized. You might see a capital "G" or "gm" for gram- the preferred use is a lower case "g".

Prefixes combined with the basic unit names indicate larger or smaller quantities of the base units.

You will need to memorize these!

Only one prefix is <u>larger</u> than the basic unit:

kilo -

"k"

1000

1 kg = 1000 g

Only use "g" for drug calculations (not km or kL)

Three prefixes denote units <u>smaller</u> than the basic unit:

centi-

"C"

0.01 (one-hundredth)

milli-

"m"

0.001 (one-thousandth)

micro-

"mc" or u

0.000001 (one-millionth)

In drug administration, you will most often use:

milligram (mg)

weights

microgram (mcg)

milliliter (mL)  $\rightarrow$  volume

One cubic centimeter (cc) = one mL. The abbreviation "cc" is NO LONGER used anymore.
Use only the abbreviation "ml" or "mL"
There are rules to follow when writing quantities in the metric system:

1) write numbers in Arabic (	1,2,3, etc.)	5 g	
2) write the numbers before	the abbreviation	5 g (NOT g5)	
3) express fractions as decim	nals	1.5 g (NOT 1 ½ g)	
4) place a zero in front of a d	lecimal point when it i	s not preceded by a whole numb	er
0.5 g (NOT .5g)			
5) omit unnecessary zeros		0.5 g (NOT .50 g) 5 g (NOT 5.0 g)	
Now you try it. Write these,	using correct notation	rules and abbreviations:	
Four kilograms			
Fifty milliliters			
Two-thirds microgram		_	
One and one-fourth liters			
Three hundred milliliters		_	
Five and eight-tenths grams		_	
Fight hundred milligrams			

Answers:

4 kg 50 ml 0.67 mcg 1.25 L 300 ml 5.8 g 800 mg

# Converting Between Metric Units of Measurement

When calculating drug dosages prescribed in the metric system, it may be necessary to convert between measurements within a unit, i.e. g to mg, mg to mcg.

We will use ratio and proportion to do this:

You will have to **memorize** only 4 units of weight and 2 units of volume in order to do this:

## Weight

$$1 \text{ kg} = 1000 \text{ g}$$

$$1 g = 1000 mg$$

$$1 \text{ mg} = 1000 \text{ mcg}$$

#### Volume

$$1 L = 1000 mL$$

Example:

Suppose you want to convert 425 mg into grams.

Known: 1 g = 1000 mg (You memorized this)

#### Known Side

#### What you want to know - Unknown Side

1 g	: 1	000 mg	=	g	:	mg
1 g	: 1	000 mg	=	Хg	:	425 mg

To solve: Multiply the means and extremes.

$$1000 \times = 425$$

Then divide each side by the number in front of the X

$$\frac{1000}{1000} x = \frac{425}{1000}$$

$$x = 0.425$$

Label the answer with what you wanted to know, in this case "g"

0.425 g

So, 425 mg is equal to 0.425 g

# Try this: Convert 2.3 g to milligrams

2.3 g = \_\_\_\_\_ mg

\_\_\_\_\_=

What do you know? 1 g = 1000 mg

Write this on the left side of the ratio.

(1g:1000)

What do you want to know?

(How many milligrams (x) in 2.3 g)

Write this on the right side of the ratio.

1 g: 1000 mg = 2.3 g: x mg

Did you remember the correct order for g + mg?

(Must be in the same order as on the left side!)

Now solve the problem.

1:1000 = 2.3:x

1 x = 2300 mg

2.3 g = 2300 mg

There is a shortcut to convert between <u>metric</u> units of measurement. Each numeric value for kilogram, gram, milligram, and microgram, and for liter and milliliter differ by 1000 between each increment. You will only calculate drug dosages by one increment at a time.

a) to convert a <u>larger</u> unit to the next smaller unit, move the decimal point 3 places to the <u>right</u>.

$$8.000 = 8000$$

$$\rightarrow \rightarrow \rightarrow$$

8 kg = 8000 g

Try this: 
$$0.25 g = ___ mg$$

Answer: 250- same as multiplying by 1000)

b) to convert a smaller unit to the next larger unit, move the decimal point 3 places to the left.

Try this:

5500 mcg = \_\_\_\_\_ mg

Answer: 5.5 mg

#### Hint:

5500 mcg = \_\_\_\_ mg, Label which is "b"igger and which is "s"maller.(mcg is a smaller unit than mg).

5500 mcg = \_\_\_\_\_ bg So, in this case, you want to find the "b"igger

Now, think about how the alphabet is laid out,

A thru Z, (a Dcdefghijk Im nopqr Stuvwxyz). Which side is the "b" on? It is on the left side of the alphabet. So in this case you want to move the decimal 3 places to the left, towards the "b", the left side of the alphabet.

5500 mcg is equal to 5.5 mg

Now let's try

$$1.25 \text{ mg} = \underbrace{1.25.9}_{\text{mcg}} \text{mcg}$$

We want to find the "S" maller. So we move 3 places to the right, because the "s" Is on the right side of the alphabet.

#### Household Measurements

Not routinely used for calculating drug dosages. You will use to calculate a patients Intake and Output (I & O) of fluids and possibly when calculating liquid medications, especially in Pediatrics.

# Equivalents: Must memorize!

- 1 tbs = 5 ml
- 1 ounce 30 ml
- $2.2 \, \text{lbs} = 1 \, \text{kg or } 1000 \, \text{g}$

#### Conversions 1

- 1. 500 ml = \_\_\_\_ L
- 2. 0.015 g = \_\_\_\_\_ mg
- 3. 8 mg = \_\_\_\_\_ g
- 4. 10 mg = \_\_\_\_\_g
- 5. 60 mg = \_\_\_\_g
- 6. 300 mg = \_\_\_\_g
- 7. 0.2 mg = \_\_\_\_\_ g
- 8. 1.2 g = \_\_\_\_mg
- 9. 0.0025 kg = \_\_\_\_g
- 10. 0.065 g = \_\_\_\_\_mg
- 11. 0.005 L = \_\_\_\_\_ mL
- 12. 1.5 L = \_\_\_\_\_ml
- 13. 450 ml = \_\_\_\_\_L
- 14. 250 ml = \_\_\_\_ L
- 15. 2 kg = \_\_\_\_\_g

- 16. 79,200 mL = \_\_\_\_ L
- 17. 1 L = \_\_\_\_mL
- 18. 1 g = mg
- 19. 1 mL = \_\_\_\_ L
- 20. 0.23 mcg = \_\_\_\_ mg
- 21. 1.05 g = \_\_\_\_\_ kg
- 22. 0.01 mcg = \_\_\_\_ mg
- 23. 0.4 mg = \_\_\_\_\_mcg
- 24. 25 g = \_\_\_\_\_kg
- 25. 10 L = \_\_\_\_\_mL
- 26. 5 mL = \_\_\_\_\_ L
- 27. 30 mg = \_\_\_\_ mcg

#### Conversions 2

5. 
$$0.25 g = ___m mg$$

# Conversions 3 Show all work and label all answers.

Remember: 
$$1 \text{ mg} = 1000 \text{ mcg}$$
  $1 \text{ kg} = 1000 \text{ g}$ 

$$1 \text{ kg} = 1000 \text{ g}$$

Use ratio and proportion:

# Practice Problems: SHOW all work and LABEL all answers.

Use ratio and proportion.

6. A patient drank 8 ounces of milk. How many mL is this?
7. A patient weighs 70 kg. How many pounds is this?
8. The patient drank 4 ounces of juice, 6 ounces of milk, and 8 ounces of water. How many ml of fluid did the patient drink?
9. The physician orders "force fluids to 2000 mLs." How many liters is this?
10. Ordered: 60 mg. On hand you have 20 mg tablets. How many tablets will you give? (Is this a one-step or a two-step problem?)
11. Ordered: 0.75 g. On hand you have 250 mg tablets. How many tablets will you give? (Is this a one-step or a two-step problem?)
12. Ordered: 10 mg of diazepam (Valium). On hand you have 0.02 g in each scored tablet. How many tablets will you give? (Is this a one-step or two-step problem?)

1. Ordered: diazepam (Valium) 5 mg. You have 10 mg tablets. How many tablets will you give?



2. Ordered: 0.1 g of secobarbital. On hand are 0.05 g capsules. How many capsules will you give?

3. Ordered: 500 mg of achromycin. On hand are 250 mg capsules. How many capsules will you give?

4. Ordered: 0.25 g of erythromycin. On hand you have 1 g per 10 ml. How many ml will you give?

5. Ordered: 15 mg of codeine. On hand you have 30 mg tablets. Will you give more or less of what you have on hand? How many tablets will you give?

Two-step Metric Problems: Snow all work. Ose ratio and proportion, label all work.
1. Ordered: 2 g of staphcillin. The vial reads: "Add 8.6 ml of diluent to contents of vial. Each ml will contain 500 mg of staphcillin." How many ml will you administer?
2. Ordered: 500 mg of gantrisin. Available are gantrisin 0.25 g tablets. How many tablets will you give?
3. You are to give 0.125 g of keflin. On hand you have keflin 50 mg/5ml. How many ml will you give? The keflin will be administered in an IV solution.
4. Ordered: robinul 0.002 g. Available are 1 mg tablets. How many tablets will you give?
5. Ordered: 0.75 g of erythromycin. On hand you have 250 mg tablets. How many tablets will you give?

6. Ordered: diazepam (Valium) 10 mg. On hand you have diazepam (Valium) 0.005 g tablets. How many tablets will you give?
7. Ordered: 4 mg of codeine. On hand you have 0.002 g tablets of codeine. How many tablets will you give?
8. Ordered: 75 mg of demerol IM. On hand you have a vial of 0.05 g per ml. How many ml will you give?
9. Ordered: chlorpromazine 0.075 g. On hand you have chlorpromazine 25 mg/ml. How many ml will you give?

#### Medication Orders:

Name of Drug: generic name (Brand Name)

Dosage of Drug

Route of Drug (po, IM, IV, SQ)

Frequency given: every day, every 4 hours, etc....

LABEL all answers and SHOW all work.

1. Order: Give digoxin (Lanoxin) 0.125 mg. You have: digoxin (Lanoxin) 0.25 mg per tablet. How many tablets will you give?



2. Order: Give furosemide (Lasix) 80 mg. You have: furosemide (Lasix) 40 mg tablets How many tablets will you give?



3. Order: Give erythromycin (EryPed) 160 mg You have: erythromycin (EryPed) 200 mg/5 ml. How much erythromycin will you give?



4. Order: nystatin 250,000 units. You have: nystatin 100,000 units per mL How much will you give?



5. Order: Give sucralfate (Carafate) 500 mg. You have: sucralfate (Carafate) 1 g per tablet. How many tablets will you give?



6. Order: methylprednisolone (Medrol) 8 mg. You have: methylprednisolone (Medrol) 2 mg per tablet. How many tablets will you give?

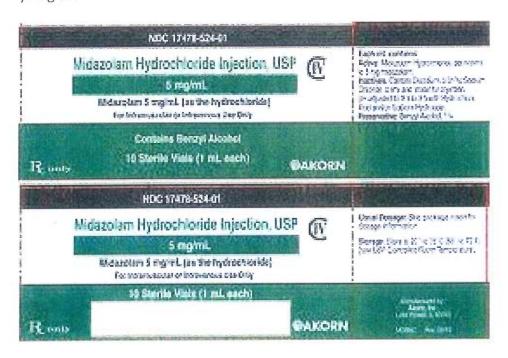


7. Order: Give promethazine (Chlorpromazine) 25 mg You have: promethazine (Chlorpromazine) 10 mg/5 mL. How much will you give? 8. Order: Give atropine 0.3 mg

You have: atropine 0.4 mg/mL



9. Order: Give midazolam (Versed) 3 mg po. You have: Versed 5 mg/mL. How much will you give?



10. Order: Give Cefadyl 750 mg.

How much will you give?

You have: Cefadyl 500 mg/ 2 mL

11. Order: Give penicillin G 1,200,000 units.

You have: penicillin G 6,000,000 units/10 mL. How much will you give?

12. Order: Give digoxin (Lanoxin) 0.125 mg. You have: digoxin (Lanoxin) 250 mcg/ml. How much will you give?

13. Order: Give levothyroxine (Synthroid) 0.225 mg You have: levothyroxine (Synthroid) 75 mcg/tab. How many tablets will you give?

14. The physician orders heparin 10,000 Units SQ q 12 hours for your patient with a below-the-knee amputation. You have heparin 5000 Units per ml available. How many ml's will you administer? \_\_\_\_\_



USP Units/mL
(Derived from Porcine Intestinal Mucosa)
For IV or SC Use Rx only

1 mL Multiple Dose Vial

15. Your patient with a gastric pull-up receives penicillin G 200,000 Units IM Q 6 hours. You have penicillin G 250,000 Units per ml available. How many ml's will you administer?\_\_\_\_\_

16. Your patient with a lumbar puncture receives heparin 7500 Units q 12 hours. Heparin 5000 Units per ml is available. How many ml's will you administer?



5,000

USP Units/mL (Derived from Porcine Intestinal Mucosa) For IV or SC Use Rx only

1 mL Multiple Dose Vial

17. Mr. Cook requires medication for nausea. prochlorperazine (Compazine) 10 mg PO every 4 hours prn, is ordered. You have 5mg tablets available. How many tablets will you administer? \_\_\_\_\_

18. Mr. Pace receives hydroxyzine (Atarax) 100 mg PO hs prn to relieve anxiety. You have 50 mg tablets available. How many tablets will you administer?

19. Mr. Day receives digoxin (Lanoxin) 0.25 mg PO daily for atrial fibrillation. How many tablets will the nurse administer? \_\_\_\_\_



20. Mr. Payne receives Keflex 500 mg PO qid before his dental extraction. How many capsules will the nurse give?



21. Mr. Tune is admitted with pancreatitis and receives diazepam (Valium) 5 mg PO q6 h prn for anxiety. You have 10mg tablets available. How many tablets will you administer?



22. Mr. Jones, admitted with irritable bowel syndrome, takes dicyclomine (Bentyl) 20 mg PO tid ac. The drug is available in 10mg capsules. How many capsules will the nurse administer?

23. Mrs. Tyth has pruritic dermatoses. The physician prescribes hydroxyzine (Atarax) 30 mg PO bid as part of her therapy. The drug supplied in syrup containing 10 mg per 5 mL. How many milliliters will the nurse administer?

24. Mrs. Gale, admitted for alcohol abuse, has an order for asorbic acid 0.75 g PO daily while hospitalized. You have 250-mg tablets available. How many tablets will you administer?

### **ANSWERS:**

Conversion 1	Conversion 2		
1. 0.5	1. 1000		
2. 15	2. 2000	Practice	Two-Step Metric
3. 0.008	3. 1500	Problems	Problems
4. 0.01	4. 500	1. 0.5	1. 4 ml
5. 0.06	5. 250	2. 0.025	2. 2 tablets
6. 0.3	6. 50	3. 5,000	3. 12.5 ml
7. 0.0002	7. 100	4. 200	4. 2 tablets
8. 1200	8. 1100	5. 4,000	5. 3 tablets
9. 2.5	9. 300	6. 240 ml	6. 2 tablets
10. 65	10. 0.025	7. 154 lbs	7. 2 tablets
11. 5	11. 0.005	8. 540 ml	8. 1.5 ml
12. 1500	12. 3.0	9. 2 liters	9. 3 ml
13. 0.45	13. 1.5	10. 3 tablets	
14. 0.25	14. 15	11. 3 tablets	Medication
15. 2000	15. 0.01	12. 0.5 or ½	Orders
16. 79.2	16. 0.1	tablet	1. 0.5 or ½
17. 1000	17. 0.0005		tablet
18. 1000	18. 0.0075		2. 2 tablets
19. 0.001	19. 0.02015	One-Step	3. 4 ml
20. 0.00023		Metric	4. 2.5 ml
21. 0.00105	Conversion 3	<b>Problems</b>	5. 1/2 tablet
22. 0.00001	1. 0.025	1. 0.5	6. 4 tablets
23. 400	2. 64	tablets	7. 12.5 ml
24. 0.025	3. 0.004	2. 2capsules	8. 0.75 ml
25. 10,000	4. 4600	3. 2capsules	9. 0.6 ml
26. 0.005	5. 0.375	4. 2.5 ml	10. 3 ml
27. 30,000	6. 89,000	5. 0.5 or ½	11. 2 ml
	7. 45,000	tablet	12. 0.5 ml
	8. 600		13. 3 tablets
	9. 110		14. 2 ml
	10. 5.5		15. 0.8 ml
			16. 1.5 ml
			17. 2 tablets
			18. 2 tablets
			19. 2 tablets
			20. 2 tablets
			21. ½ tablet
			22. 2
			capsules
			23. 15 ml
			24. 3 tablets